



Helen Frances Holford

JUN 22, 1927 - MAR 17, 2012



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Helen Frances Holford

JUN 22, 1927 - MAR 17, 2012

Helen Frances Duffy Holford, 84, beloved by family and friends, passed away peacefully early Saturday morning, March 17, 2012 at her home in Fredericksburg.

Helen was born in Washington, DC and grew up and spent her early married years in Northern Virginia. Her love and generosity touched the lives of many. Her many talents, including art, genealogy, astrology, and gardening, enhanced the lives of all the people around her. Helen enjoyed her later years working as a tour guide at Mary Washington House.

Helen is survived by her brother and sister, Charlie Duffy and his wife, Betty, and Mary Scheer and her husband, Leonard; her sister-in-law, Anne Hart and her husband, Ramon; her three daughters, JoAnne Wiggins and her husband, Hal, Carol Cooke and her husband, Gary, and Susan Kopko and her husband, Bill; seven grandchildren, Valerie Harte, James Hicks and his wife, Rupa, Melinda Willis, Andrew Cooke, Nicholas Kopko, Anna Rodriguez and her husband, Jose, and Elaine Kopko; five great-grandchildren, Krystina Harte, Brett Harte, Katie Willis, Benjamin Willis, and Keenan Hicks; and her dearest friend of many years, Elisabeth Oldaker.

She was preceded in death by her husband, John E. Holford.

Helen will be remembered at a memorial service on Thursday, March 22, 2012 at 11:00 a.m. at Found and Sons Funeral Chapels-Cremation Service, 10719 Courthouse Road, Fredericksburg with the Rev. Pam Meeuwissen officiating.

In lieu of flowers, Helen's family requests that expressions of sympathy take the form of donations to the Fredericksburg Area Food Bank, P.O. Box 3275, Fredericksburg, VA, 22402.

Online condolences may be expressed to Helen's family at foundandsons.com.



Events


Helen Frances Holford

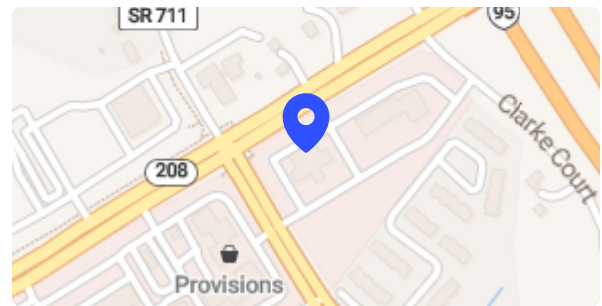
JUN 22, 1927 - MAR 17, 2012

Service

 **Thursday**, March 22, 2012

 11:00 AM ET

 **Found and Sons Funeral Chapel of
Fredericksburg**
10719 Courthouse Road, Fredericksburg VA
22407





Tribute Wall

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LM

Loving Memories posted:

I remember all her angels, of which there were many and various. This for Helen because I know she has a special relationship with her guardian angel, who will help protect her on her final journey. Safe Journey, Safe Home: Blessing of a Guardian Angel May your Being of Brightness, Your Friend of Light, Gently encircle you, Sweetly enclose you Guard your soul By day and night. Keep you from anguish keep you from danger Encircle your voyage over the seas; Be a guarding star above you illuminate each rock and tide; Guide your ship across the waters To the waveless harborside. _The Little Book of Celtic Blessings compiled by Caitlin Matthews

March 21 at 11:50 AM



Anonymous sent a Simply Elegant Spathiphyllum to the Holford family.

March 21 at 3:48 AM



Anonymous sent a Peaceful White Lilies Basket to the Holford family.

March 20 at 4:21 AM



AH

Anne Hart posted:

My witty, smart, and beautiful sister! So sorry you are not with us any more! You will be sorely missed by all of us! (left out the "in-law" because ever since I can remember she was a part of my family. My brother Johnny fell in love with her when I was ten years old!

March 19 at 8:47 AM



Memories only last if you share them

Join us in honoring Helen by contributing to a collection of shared memories.



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